

2018 Health and Wellness Programs

PSALM is committed to ensuring a safe and healthy working environment for all its employees, outside contractors and visitors within the provisions of relevant local legislation or regulations, and best practice guidelines espoused by national health and safety authorities. The Corporation ensures that its employees are well-informed of these policies and practices to maintain a healthy, safe and enjoyable environment.

Programs	No. of Recipients	Date of Implementation
Administration of Vaccines a. Influenza	256	29-30 October 2018
Distribution of Vitamins a. Multivitamins b. Vitamin C c. Vitamin B Complex	260	08 November 2018
Creation of Basketball and Volleyball Team a. Men's Junior Basketball Team b. Men's Senior Basketball Team c. Women's Volleyball	15 15 15	12 April 2018
CSC Fun Run	49	02 September 2018